

OFFICIAL WRESTLING SIGNALS HIGH SCHOOL AND COLLEGE









Injury Clock

Stop the **Injury Clock**



Neutral Position



Indicating No Control



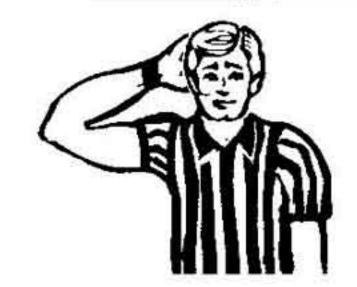
Out-of-Bounds



Indicating Wrestler in Control Left or Right Hand



Defer Choice



Potentially Dangerous Left or Right Hand



Stalemate





Stalling Left or Right Hand



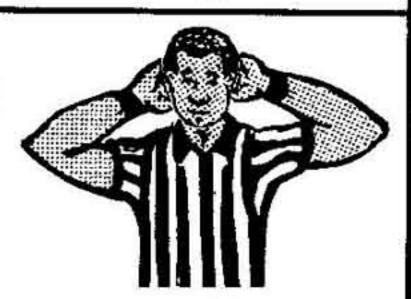
Interlocking Hands or Grasping Clothing



Reversal



Technical Violation



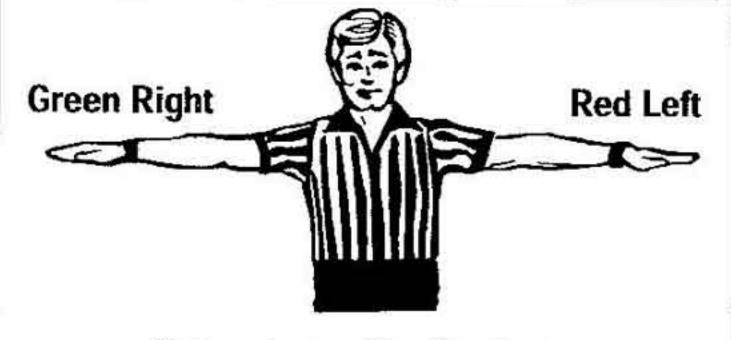
Illegal Hold or **Unnecessary Roughness**



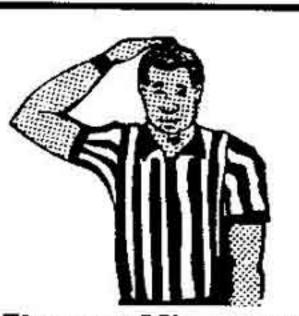
Near-Fall



Awarding Points Left or Right Hand



Unsportsmanlike Conduct



Flagrant Misconduct Left or Right Hand